

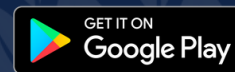


Jordan, Donor Hero

Well-Being Support for Donor Families

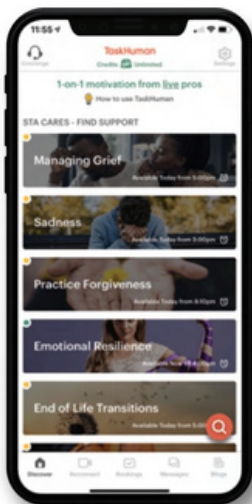


1:1 Guidance Over Video Call



With support from the Southwest Transplant Alliance Foundation, we have partnered with TaskHuman to offer free, unlimited well-being support to our courageous donor families. Talk privately and confidentially with LIVE specialists over 1:1 video calls for personalized guidance on all aspects of well-being.

Free, Unlimited, 24/7 Support



-  **Find Support**
Managing grief, sadness...
-  **Healthy Habits**
Recipes, meal prepping, lose weight...
-  **Mental Well-Being**
Managing stress, emotional resilience...
-  **Recover Well**
Sleep better, mobility, tobacco cessation...
-  **Family Well-Being**
Managing relationships & family...
-  **Parent Well-Being**
Parent coaching, co-parenting...
-  **Daily Self Care**
Mindfulness, yoga, meditation...
-  **Work & Financial Well-Being**
Work-life balance, boundaries, financial wellness...



- ✓ Scan or click here to download TaskHuman directly from the App Store or Google Play Store
- ✓ Create an account
- ✓ Go to Setting and tap on "Check for Discounts"
- ✓ For the discount code, please contact familycare@organ.org